

Name: _____

Please check (x) all present symptoms

CARDIOVASCULAR

- general swelling
- swelling in legs
- swelling in face
- swelling around eyes
- chest pain
- pounding heart beat
- heart "jumps"
- rapid heart beat
- blue or purple skin
- blue or purple nailbeds
- fainting
- hypertension

- ringing in ears
- heart attack
- high blood pressure
- irregular heart beat
- hardening of the arteries
- areas of muscle weakness
- dizziness with nausea
- dizziness without nausea
- blurred vision
- fainting spells
- stroke
- diabetes
- pain over the heart
- cold hands and /or feet
- areas of numbness
- arthritis of the neck
- previous neck or head injury
- loss of memory

- inability to form words (talk plainly)
- periods of blindness in one eye
- areas of abnormal sensations such as burning etc.
- areas of numbness
- blood vessel disease (phlebitis etc.)
- check if you smoke
- check if any of your family members have had a stroke.
- check if you are taking birth control pills

VERTEBROBASILAR

- double vision
- loss of coordinaiton
- irregular muscle movement

MUSCULOSKELETAL SYSTEM

HEAD

- unusually frequent headache
- unusually severe headache
- head feels heavy
- vertigo
- light-headedness
- loss of smell
- loss of taste
- loss of balance
- dizziness

NECK

- pain in neck
- neck pain with movement
- swelling in neck
- stiff neck
- pinched nerve in neck
- neck feels out of place
- muscle spasms in neck
- grinding sounds in neck
- popping sounds in neck
- limited neck movement

SHOULDERS

- pain in shoulders (R-L)
- pain across shoulders
- tension in shoulders

- muscle spasms in shoulders
- can't raise arm
- above shoulder level
- over head

ARMS & HANDS

- pain in upper arm
- pain in forearm
- pain in hands
- pain in fingers
- sensation of pins & needles
- in arms
- in fingers
- fingers go to sleep
- hands cold
- swollen joints in fingers
- sore joints in fingers
- loss of grip strength

MID BACK

- mid back pain
- pain between shoulder blades
- sharp stabbing pain
- dull ache
- pain from front to back
- pain over kidney area
- muscle spasms in mid back

LOW BACK

- low back pain
- low back feels out of place
- muscle spasms in low back

HIPS, LEGS, & FEET

- pain in buttocks
- pain down leg
- knee pain
- leg cramps
- pins & needles in legs
- numbness in leg
- numbness in toes
- cold feet
- swollen ankles
- swollen feet